

Analgesic Drug Therapy and Mindfulness-Based Interventions in the Treatment of Chronic Pain in Patients

Guest Editor



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Chronic pain, a worldwide pandemic in its own right, persists as an intractable health issue among both children as well as adults. In absence of any cure for chronic pain, the presence of unrelenting pain commonly produces profound life changing outcomes, including possible premature mortality due to excess opioid usage. At the same time, limitations on available treatments and resources, including opioid interventions have been curtailed in the face of the COVID-19 pandemic. Fear, sedentary behaviors, and depression that prevail at heightened levels in this regard, further complicate resolution of this problem. However, despite enormous degrees of suffering and health care and societal costs, the ability to intervene safely, and effectively to reduce or ameliorate chronic pain remains marginal at best.

In this context, this Special Issue can be expected to be of interest to a variety of medical sub disciplines, including neurologists, virologists, physical therapists, pharmacologists, and biologists working or hoping to work on effective pain reducing strategies and interventions. Especially welcome are submissions detailing interventions that patients can carry out in the home environment with little expense. The causes of feature of chronic pain are also of interest.

The present Special Issue will aim to collect a number of important manuscripts for both helping readers to get an up-to-date on the topic and for stimulating further research. Thus, we invite original research articles along with state-of-the-art reviews focused on current knowledge and future perspectives on chronic pain origins, or treatments or both. In particular, we are interested in cognitive strategies as well the role of nutrition, stress, and exercise therapy in this regard. Summary data expressed as narrative reviews, and evidence-based medicine analysis are both welcome, as are innovative case reports and case series.

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